

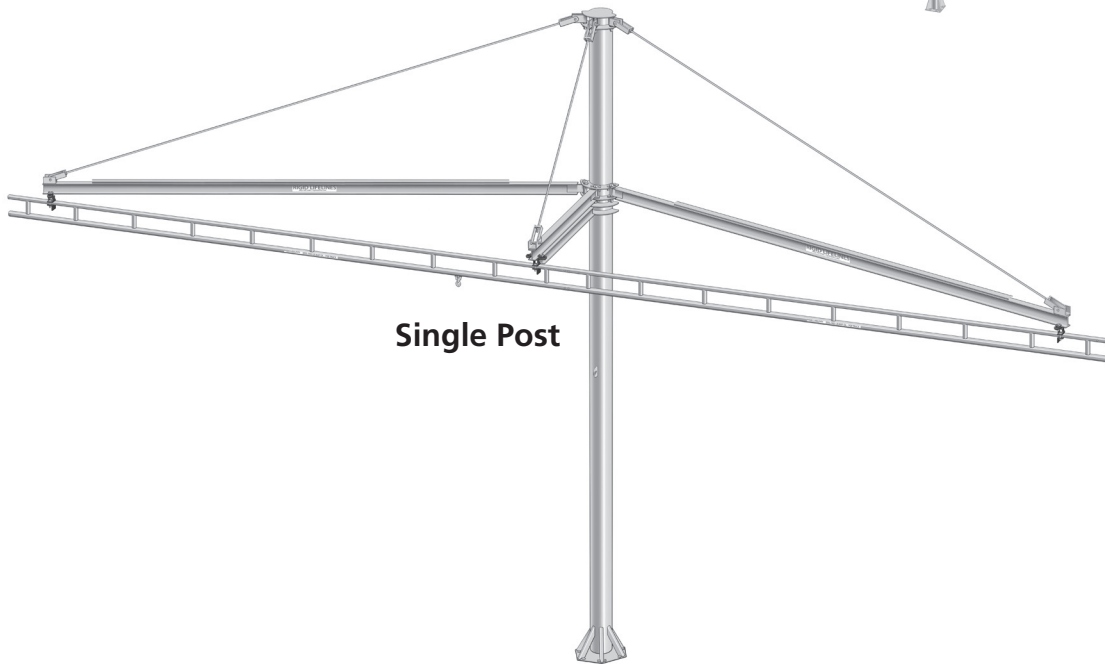
# POST SUSPENSION

## ANCHOR TRACK™ SYSTEM

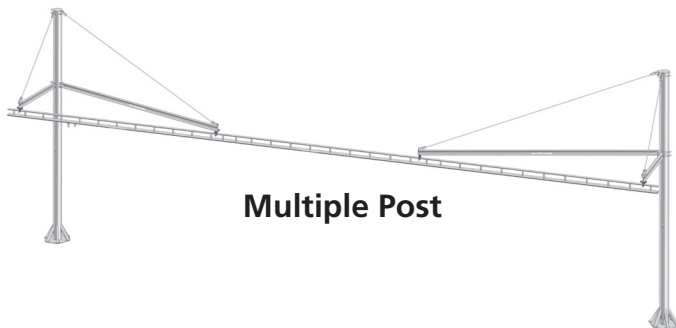
### Assembly and Operation Instruction Manual



Twin Bay Single Post



Single Post



Multiple Post

A N C H O R  
**TR**  **CK**



## WARNING

# RIGID LIFELINES CONDITIONS OF USE AND WARNING STATEMENT

1. Read, understand, and follow the manual, assembly drawings, and warnings provided with your system **before** beginning installation.
2. This manual, and any other instructions, must be provided to the users of this equipment. The user must understand the equipment's proper use and limitations.
3. A fall event can result in serious injury or death. This equipment, when used properly, reduces the chances of those outcomes.
4. Always perform a hazard analysis **before use** that will identify impact hazards, swing hazards, or any other hazards that may exist. Address and correct all hazards **before use**.
5. Always have a written rescue plan that defines who will rescue a fallen worker, what equipment will be used, and optimum rescue response time. If the same system will be used for rescue, a minimum of a two-man system must be specified.
6. Follow all current requirements of ANSI Z359 (or CSA Z259 in Canada).
7. Each component and system must be employed and maintained in accordance with all OSHA and ANSI standards.
8. Per OSHA and ANSI (or CSA Z259 in Canada) requirements, designate a competent person who can fulfill obligations of all regulations.
9. Note the maximum number of users and weight capacities are listed on a label on the system. Exceeding the capacities listed on this label can result in serious injury or death.
10. Always check for overhead hazards, such as power lines, trees, overhead structures, or walls, before using or moving system.
11. Any component replacement, addition, or change to any portion of the system must be evaluated by a Qualified Person as defined by OSHA standards.
12. Never use this system for material handling.
13. Never use the system with scaffolding.
14. Never use the system alone without a monitor. Use the buddy system when using fall protection. The monitor, or "buddy," does not need to be attached to the system, but just nearby supervising.
15. Consult with a qualified person for minimum fitness requirements for workers. Determination of minimum fitness levels of workers prior to use of system is by others.
16. For mobile systems—It is the responsibility of the user and their management's Competent Person to determine that the system's base is level, the masts are plumb, and that the entire, leveled system is stable before every use.
17. For movable track systems—Always use the system in work spaces that allow you to move the system's runway as close as possible to the center of the work area.
18. **Before each use**, inspect the system for bent, broken, cracked, or missing components.
19. A competent person must thoroughly inspect the system **annually** and **after each fall event**.
20. There should never be any type of loading past the end stops for any reason.
21. When connecting track sections on runway systems, track splice and truss splice plates are required. For trussed track, splice joint centers must be within maximum 48 inches of the hanger support centers unless otherwise specified. For plain track, splice track centers must be within maximum 18 inches of the hanger support centers unless otherwise specified.



## WARNING

# RIGID LIFELINES CONDITIONS OF USE AND WARNING STATEMENT

22. Systems with flush clamp hangers do not require sway bracing. However, all systems mounted to the ceiling must be laterally and longitudinally braced with bracing provided by others.
23. If supplied, all drive systems are chain driven, and as a result, will experience some backlash in the drive assembly. Although backlash cannot be fully eliminated, it can be reduced by tightening the drive chain. Torque limiters, if supplied, require special attention. Most drive issues result from improper torque limiter adjustment or installation.
24. It is the customer's responsibility to confirm that the system and components will work in and are acceptable for their specific application and environment.
25. For foundation-mounted systems, bracing is not required for non-seismic applications. However, if any sway is perceived as undesirable, lateral bracing can be installed to the system by others. To achieve desired rigidity for a specific application, Rigid Lifelines® recommends consulting a professional engineer in your area to satisfy all codes and ordinances. For foundation-mounted systems, chemical anchor bolts supplied by others are required and must provide approximately 7000-pound pull-out force. More accurate pull-out forces are available upon request.
26. Engineering of any attachment points must be done by others.
27. Component appearances and dimensions shown are approximate and subject to change without notice. All catalog dimensions are developed using standard components for the spans and capacities. Substitution of optional trolleys or other components will affect certain dimensions.
28. All Rigid Lifelines Anchor Track™ Systems meet or exceed OSHA and ANSI requirements.
29. Never load the track at an angle greater than specified in the system's user manual.
30. Never use the system with the attachment point below the D-Ring of the harness.
31. Only the following self-retracting lanyard (SRL) design specifications are acceptable for use on Rigid Lifelines Anchor Track Systems:
  - a) 900-pound maximum average arresting force (MAAF)
  - b) 4.5 feet-per-second lock up speed
  - c) Disk or drum braking mechanism
  - d) Wire rope SRL's can be used for indoor or outdoor applications
  - e) Fabric or web SRL's can be used only for indoor applications
32. The following energy-absorbing lanyards are **not** acceptable: rip-stitch packs, shock packs, or stretchable energy.
33. Choose the shortest length SRL that will allow the workers to perform their job function. The shortest length SRL will reduce total fall distance by reducing "cable cinching" on the internal SRL pulley. Fabric lanyards stretch under load. The longer the lanyard, the longer the stretch.
34. Never use metallic cables or metallic SRL's around electrical power sources.
35. Only an ANSI (or CSA in Canada) full-body harness is acceptable for use on Rigid Lifelines Anchor Track Systems.
36. Never use body belts on this system.
37. Never add additional carabiners, D-Rings, shackles, or connecting hardware to this system.
38. On Traveling Bridge Anchor Track Systems, always position the bridge(s) directly overhead of worker(s) at all times.
39. If a boom is provided, never apply a lateral load at the boom tip.
40. Never deviate from the above unless you have written permission and authorization from Rigid Lifelines.



## WARNING

Follow the Inspection Checklists in this manual: review the first checklist before each use and the second checklist for after a fall event and annual inspections.

**NEVER EXCEED 30 DEGREES OFF-PLUMB (OFF-CENTER) LOADING.**

## SYSTEM APPLICATIONS

The Post Suspension Anchor Track™ System is used for fall protection applications. This fall protection system is labeled with maximum number of users and maximum arresting force; follow all limitations as noted on system label. Each user must attach to this system using a personal fall arrest system.

## STANDARDS AND COMPLIANCE

Please refer to local, state, and federal (OSHA) requirements governing occupational safety for additional information regarding personal fall arrest systems. The Post Suspension Anchor Track System meets or exceeds the requirements set forth in OSHA 1910, OSHA 1926, and ANSI Z359.

## REQUIRED TRAINING

This system is intended to be used by people who are trained in its correct application and use. It is the responsibility of the users and the users' management to assure that they are familiar with these instructions and are trained in the correct use and care of this equipment. Authorized users must also be aware of the operating characteristics, application limits, and the consequences of improper use, which can result in serious injury or death.

Every application of fall protection must be part of a comprehensive managed fall protection program. Each program must include, but is not limited to:

- Hazard analysis
- Authorized person training
- Competent person implementation
- Rescue procedures
- Rescue training

The above list is not a comprehensive list. Specific applications may need to include additional items, such as administrative controls or engineered controls. A Qualified Fall Protection Engineer or OSHA Qualified Person should review the comprehensive managed fall protection program to ensure that it is adequate for your specific application. For more information on how to set up a proper Fall Protection Program within your facility, follow ANSI Z359.2 *Minimum Requirements for a Comprehensive Managed Fall Protection Program*, which is available at: [www.asse.org](http://www.asse.org).

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# ASSEMBLY INSTRUCTIONS

## 1. Equipment Needed for Assembly

- a) This manual
- b) Applicable safety equipment for workers' use during assembly, such as hard hats, safety shoes, etc.
- c) Telescoping fork truck or crane (minimum lifting height: 30 feet; minimum capacity: 4,000 pounds)
- d) Man lift/cherry picker (minimum height: 30 feet)
- e) Measuring tape
- f) Torque wrench
- g) Lifting straps
- h) Two six-inch by six-inch (or larger) wood blocks
- i) Long carpenter's level
- j) Wrench/Socket sizes: 3/4 inch, 15/16 inch, 1-1/8 inch, 1-5/16-inch, and 1-1/2-inch
- k) A spacious, level area for assembly (e.g., parking lot)
- l) A way to mark hanger locations, such as a permanent marker
- m) *FASA-ASSEMBLY SHEET 1 OF 2*, hereafter referred to as *Post Suspension Assembly Drawing*, will be included as a separate document.
- n) *FASA-ASSEMBLY SHEET 2 OF 2*, hereafter referred to as *Post Suspension Label Placement Drawing*, will be included as a separate document.
- o) The Anchor Trolley™ User Instruction Manual (Manual 103-0054), which is packaged with the Anchor Trolley, will be included as a separate document.

## 2. Inventory

- a) Open all bundles and confirm that all components are accounted for: see *Building Materials Description* located in the top right corner of the *Post Suspension Assembly Drawing*. Note that the quantity of components in an assembly are multiplied by the number of the assemblies.
- b) Check for damage to components that may have occurred during shipping.

### 3. Attaching the Tie Rods to the Mast Weldment and Outrigger Arms

Refer to Post Suspension Assembly Drawing for Steps A Through F

- a) Per **Detail "A,"** bolt a tie-rod upper pivot weldment (A5) to the top of the mast weldment (1) using a locknut (A2) and bolt (A9). **Securely tighten** the locknut (A2) for now.
- b) Per **Detail "A,"** bolt a tie-rod clevis (A1) to the tie-rod upper pivot weldment (A5) using a locknut (A6) and bolt (A7). Ensure that the single hole on the tie-rod clevis (A1) is pointing down away from the mast weldment (1). **Securely tighten** the locknut (A6) for now.
- c) Per **Detail "A,"** **Securely tighten** a nut (A4) to the top of a tie rod (A3). Insert the tie rod (A3) through the single hole on the tie-rod clevis (A1) and **securely tighten** a locknut (A2) to the tie rod (A3).

**NOTE:** The shortest tie rod (A3) attaches to the center outrigger arm (B1).

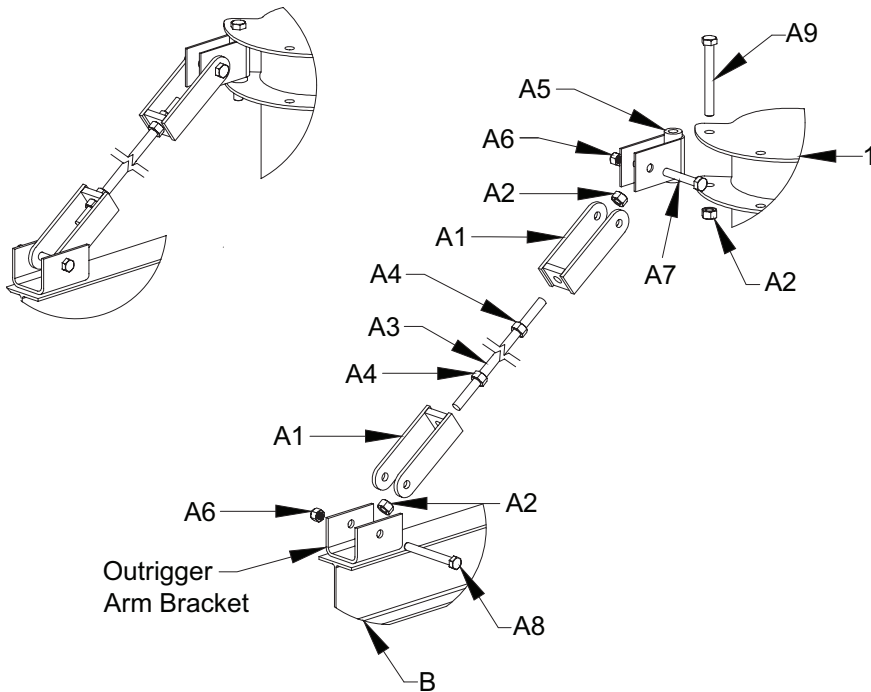
- d) Repeat steps a) through c) to attach the remaining tie-rod kits (A) to the mast weldment (1).
- e) Per **Detail "A,"** bolt a tie-rod clevis (A1) to the welded outrigger arm bracket using a locknut (A6) and bolt (A8). Ensure that the single hole on the tie-rod clevis (A1) is pointing up away from the side outrigger arm (B). **Securely tighten** the locknut (A6) for now.

**NOTE:** Do not attach the tie rods (A3) to the outrigger arms (B and B1) or the outrigger arms (B and B1) to the mast weldment (1) at this time.

- f) Repeat step b) to attach the remaining tie-rod kits (A) to the outrigger arms (B and B1).

**NOTE:** After the tie-rod kits (A) have been installed to the mast weldment (1) and outrigger arms (B and B1), secure the tie rods (A3) to the mast weldment (1) for the next step (**4. Attaching the Mast Weldment to the Foundation**).

**Detail "A" (Tie Rods to Mast Weldment and Outrigger Arms)**



Item	Description
1	Mast Weldment
A1	Tie-Rod Clevis
A2	1-Inch Hex Locknut
A3	1-Inch Diameter Tie Rod
A4	1-Inch Hex Nut
A5	Tie-Rod Upper Pivot Weldment
A6	7/8-Inch Hex Locknut
A7	7/8-Inch by 5-1/4-Inch Hex Head Bolt
A8	7/8-Inch by 7-1/2-Inch Hex Head Bolt
A9	1-Inch by 8-1/2-Inch Hex Head Bolt
B	Side Outrigger Arm

## 4. Attaching the Mast Weldment to the Foundation

### Refer to Post Suspension Assembly Drawing for Steps A Through G

a) Although there are several base plate leveling methods, this manual describes the method of using leveling nuts provided by others and grout as required on a concrete foundation. Regardless of which base plate leveling method you use, the finished installation requires full contact of the base plate on the foundation. All anchor bolts must have plate washers with standard clearance holes and adequate thickness for oversized base plate holes. Along with plate washers, a standard flat washer must be used on each anchor bolt.

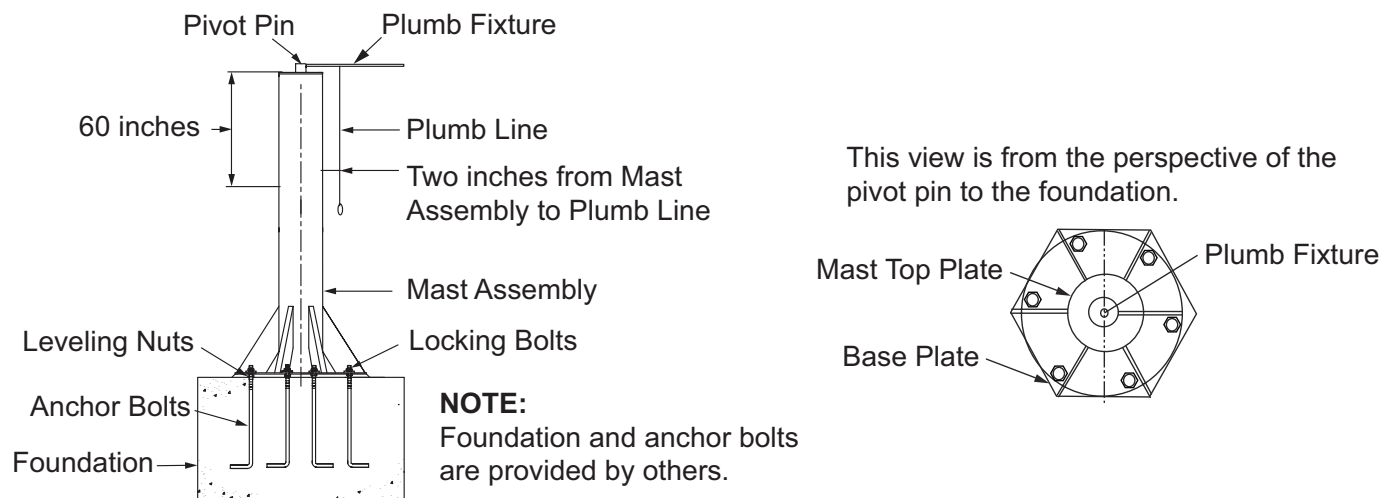
**NOTE:** It is solely the customer's responsibility to provide the proper concrete foundation and anchor bolts for this system. Do not deviate from the recommended foundation, foundation size, provided hardware, or installation recommendations without consulting a qualified professional. If the recommended foundation is unknown, contact Rigid Lifelines.

b) Ensure the recommended concrete foundation (minimum 3,000 PSI and minimum 2,500 lbs/sq-ft soil pressure), reinforcement, and anchor bolts (minimum one-inch diameter anchor bolts) are in place.

c) Per **Figure 1**, install one set of leveling nuts on the anchor bolts with the top surface approximately one inch above the foundation. Next, place the mast weldment over the anchor bolts resting on leveling nuts. Install the second set of nuts with plate washers and flat washers. Clamp the plumb fixture to the pivot pin.

**NOTE:** The plumb fixture must be perpendicular to the mast weldment.

**Figure 1**



d) Per **Figure 1**, select a position on the plumb fixture two inches from the edge of the mast weldment to hang a plumb line. Measure 60 inches down from the top of the mast weldment and use this point to check the two-inch dimension for the plumb line.

e) Per **Figure 1**, position the plumb fixture directly over one anchor bolt and measure from the plumb line to the edge of the mast weldment. If this measurement is not two inches, adjust the leveling nut directly below by turning it up if the distance is greater than two inches or down if the distance is less than two inches.



- f) Per **Figure 1**, rotate the plumb fixture 180 degrees and ensure the mast weldment is plumb. Adjust the leveling nuts until you have the same distance on each side of the mast weldment. Repeat this entire step at each anchor bolt or at 60-degree increments.
- g) Per **Figure 1**, when the mast weldment is plumb, tighten the locking nuts.

**NOTE:** Do not grout the base plate until the system is completely installed.

## 5. Attaching the Outrigger Arms to the Mast Weldment

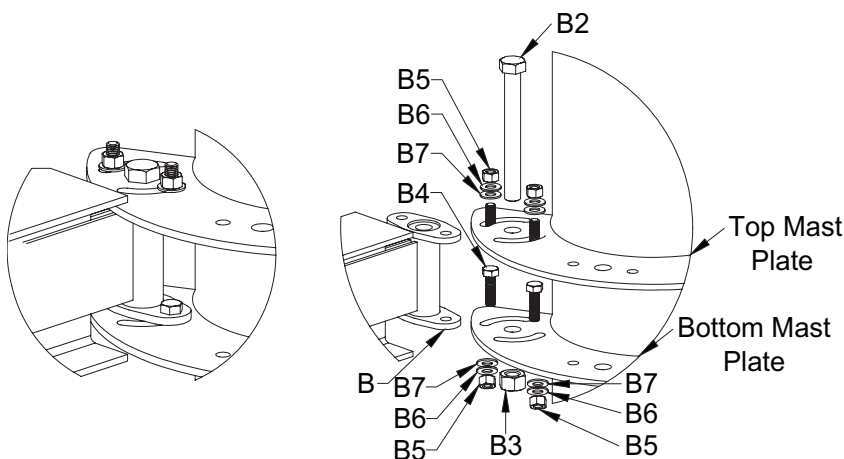
Refer to Post Suspension Assembly Drawing for Steps A Through K

- a) Loosen the tie rods from mast weldment (1 in *Building Materials Description*).
- b) Evenly balance a side outrigger arm (B in *Building Materials Description*) on top of two six-inch by six-inch blocks so that the attached tie-rod kits (A in *Building Materials Description*) are facing up and away from the mast weldment (1 in *Building Materials Description*).
- c) Feed a lifting strap under the side outrigger arm so its weight will be evenly distributed during lifting.
- d) Attach the other end of the lifting strap to a crane or forklift and use the crane/forklift to lift the side outrigger arm (B in *Building Materials Description*) into the air.
- e) Per **Detail "B,"** place the side outrigger arm (B) between the mast plates and align the bolt hole on the end of the side outrigger arm (B) with the holes and slots on the mast plates.
- f) Using a man lift, have another worker raise himself or herself to the mast plates.
- g) Per **Detail "B,"** insert a bolt (B2) through the aligned holes on the mast plates and side outrigger arm (B) so that the bolt head is on top of the top mast plate. **Securely tighten** a locknut (B3) to the bolt (B2).
- h) Per **Detail "B,"** insert bolts (B4) through the slots on the top mast plate so that the bolt heads are underneath the top mast plate. **Securely tighten** star washers (B7), flat washers (B6), and locknuts (B5) to the bolts (B4).

**NOTE:** Star washers (B7) must be installed between the mast plates and the flat washers (B6).

- i) Per **Detail "B,"** insert bolts (B4) through the slots on the bottom mast plate so that the bolt heads are on top of the bottom mast plate. **Securely tighten** star washers (B7), flat washers (B6), and locknuts (B5) to the bolts (B4).

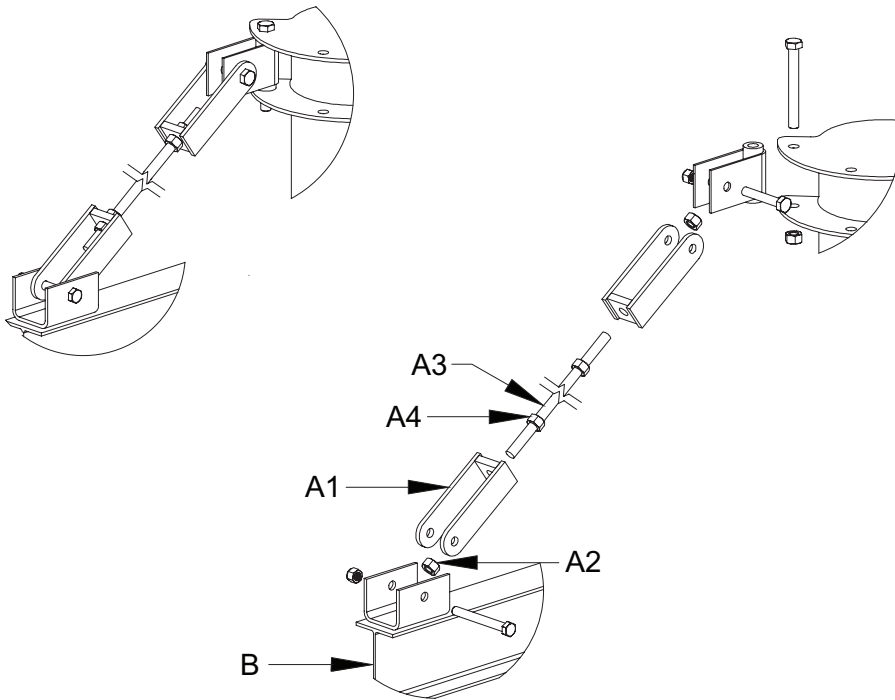
**Detail "B" (Outrigger Arms to Mast Weldment)**



Item	Description
B	Side Outrigger Arm
B2	1-Inch by 8-1/2-Inch Hex Head Bolt
B3	1-Inch Hex Locknut
B4	5/8-Inch by 2-Inch Hex Head Bolt
B5	5/8-Inch Hex Locknut
B6	5/8-Inch Flat Washer
B7	5/8-Inch Star Washer

- j)** Per **Detail "A,"** **securely tighten** a nut (A4) to the bottom of a tie rod (A3). On a side outrigger arm (B), insert the tie rod (A3) through the single hole on the tie-rod clevis (A1) and **securely tighten** a locknut (A2) to the tie rod (A3).

**Detail "A" (Tie Rods to Mast Weldment and Outrigger Arms)**



Item	Description
A1	Tie-Rod Clevis
A2	1-Inch Hex Locknut
A3	1-Inch Diameter Tie Rod
A4	1-Inch Hex Nut
B	Side Outrigger Arm

- k)** Repeat steps **b)** through **j)** to attach the remaining outrigger arms (B and B1 in *Building Materials Description*) to the mast weldment (1 in *Building Materials Description*) and tie rods (A3 in *Building Materials Description*).

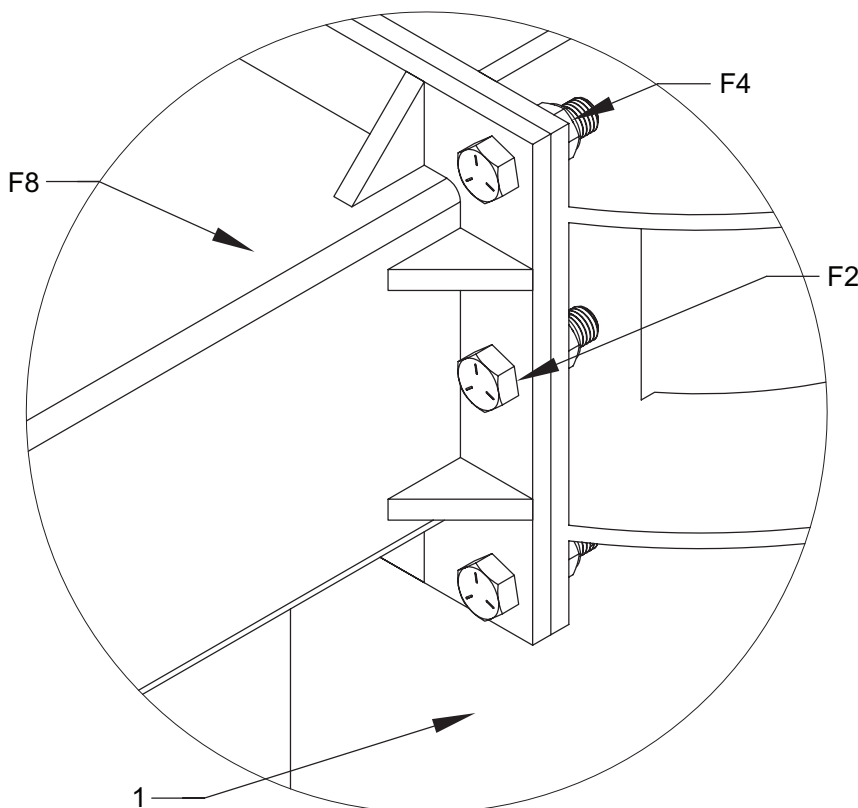
## 6. Attaching the Brace Arm Assembly to the Mast Weldment

### Refer to Post Suspension Assembly Drawing for Steps A Through G

- a) Evenly balance the brace arm weldment (F8 in *Building Materials Description*) on top of two six-inch by six-inch blocks so that the brace arm weldment's top plate is facing up and away from the mast weldment (1 in *Building Materials Description*).
- b) Feed a lifting strap under the brace arm weldment (F8 in *Building Materials Description*) so its weight will be evenly distributed during lifting.
- c) Attach the other end of the lifting strap to a crane or forklift and use the crane/forklift to lift the brace arm weldment (F8 in *Building Materials Description*) into the air.
- d) Per **Detail "F,"** align the brace arm weldment (F8) bolt holes with the bolt holes on the mast weldment (1).
- e) Using a man lift, have another worker raise himself or herself to the brace arm weldment (F8).
- f) Per **Detail "F,"** insert a bolt (F2) through the aligned holes on the mast weldment (1) and brace arm weldment (F8) so that the bolt head is on the brace arm weldment (F8). **Securely tighten** a locknut (F4) to the bolt (F2).
- g) Repeat step **f)** to attach the remaining bolts (F2) and locknuts (F4) to the brace arm weldment (F8) and mast weldment (1).

**NOTE:** Do not remove the lifting strap from the brace arm weldment (F8 in *Building Materials Description*). The brace arm weldment (F8 in *Building Materials Description*) should remain suspended from the crane/forklift until step the next step (**7. Attaching the Brace Arm Assembly to the Center Outrigger Arm**) is completed.

**Detail "F" (Brace Arm Assembly to Mast Weldment)**



Item	Description
1	Mast Weldment
F2	3/4-Inch by 2-1/2-Inch Hex Head Bolt
F4	3/4-Inch Diameter Locknut
F8	Brace Arm Weldment

## 7. Attaching the Brace Arm Assembly to the Center Outrigger Arm

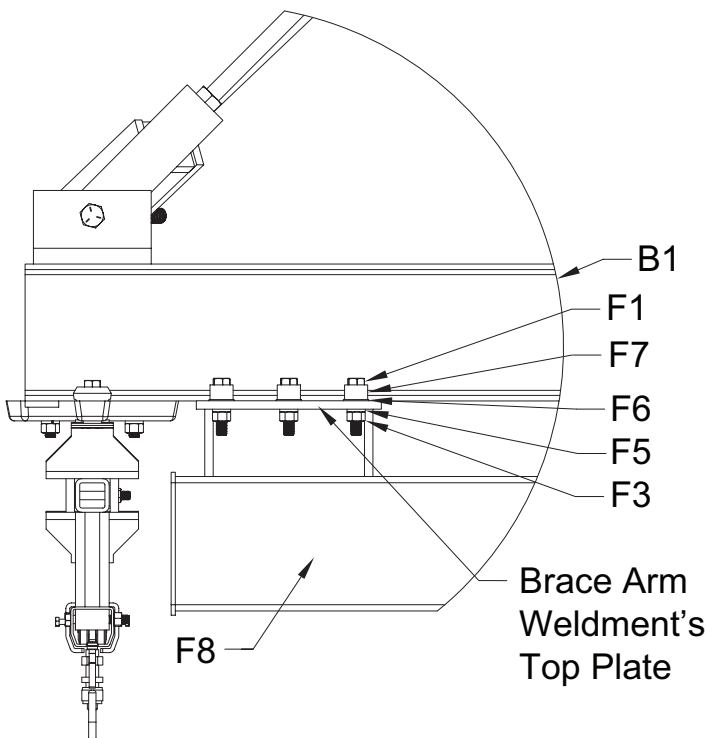
### Refer to Post Suspension Assembly Drawing for Steps A Through I

- a) Ensure that the brace arm weldment is still suspended by the lifting strap and crane/forklift.
- b) Per **Detail "G,"** insert a bolt (F1) through a beam clip (F7) and clipped washer (F6) so that bolt head is on top of the beam clip (F7) and the clipped washer (F6) is under the beam clip (F7).
- c) Repeat step b) for the remaining bolts (F1), beam clips (F7), and clipped washers (F6).
- d) Using a man lift, go to the tie-rod end of the center outrigger arm (B1 in *Building Materials Description*).
- e) Per **Detail "G,"** insert the bolts (F1) and attached beam clips( F7) and clipped washers (F6) through the bolt holes on the brace arm weldment's top plate so that the bolt heads are on top of the brace arm weldment's top plate.
- f) Per **Detail "G," hand tighten** locknuts (F3) to the bolts (F1) so that the bolts (F1) and attached beam clips (F7) and clipped washers (F6) can still be adjusted.
- g) Per **Detail "G,"** place the beam clips (F7) so they are holding onto the bottom flange of the center outrigger arm (B1). Adjust the beam clips (F7) as needed by tightening or loosening the locknuts (F3) until the beam clips (F7) and clipped washers (F6) sit properly on the bottom flange of the center outrigger arm (B1).

**NOTE:** Ensure the long, flat edge of the beam clips (F7) face away from the center outrigger arm (B1).

- h) Per **Detail "G,"** after the beam clips (F7) and clipped washers (F6) are seated properly on the bottom flange of the center outrigger arm (B1) and the long, flat edge of the beam clips (F6) face away from the center outrigger arm (B1), **securely tighten** the locknuts (F3) to the bolts (F1).
- i) The lifting strap can now be removed from the brace arm weldment (F8 in *Building Materials Description*).

**Detail "G" (Brace Arm Assembly to the Center Outrigger Arm)**



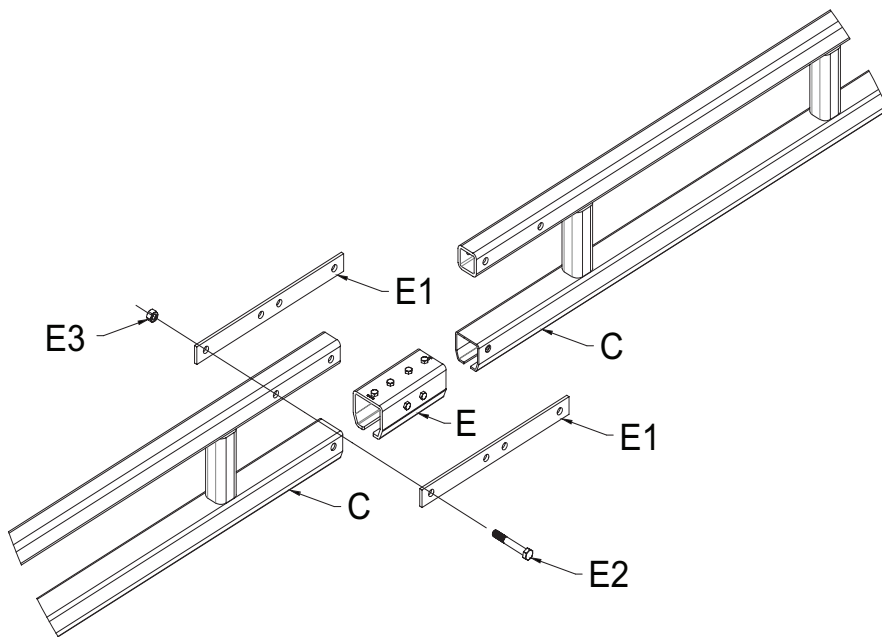
Item	Description
B1	Center Outrigger Arm
F1	5/8-Inch by 3-Inch Hex Head Bolt
F3	5/8-Inch Diameter Locknut
F5	5/8-Inch Diameter Split Lock Washer
F6	5/8-Inch Clipped Washer
F7	5/8-Inch Beam Clip
F8	Brace Arm Weldment

## 8. If Provided, Attaching the Track Splice to the Track Sections

### Refer to Post Suspension Assembly Drawing for Steps A Through I

- a) Track splices are only required for systems with spans longer than 42 feet. If you purchased a system with a span longer than 42 feet, follow the steps below to attach the track splice to the track sections. If your system doesn't require a track splice, proceed to step 7. **Attaching the Track to the Outrigger Arms.**
- b) Per **Figure 2**, the track splice joint (E) comes assembled using a sleeve with a total of eight set screws threaded into the top and both sides.
- c) Per **Figure 2**, slide the track splice joint (E) over the end of the first track section, then butt the second track section against the first. Center the track splice joint (E) over both track section ends.
- d) Per **Figure 2**, **securely tighten** the top two center set screws to push the track sections against the base of the track splice joint (E) until both track section bottom surfaces are aligned. Adjust both sets of side set screws so that the track slots are aligned and there is a smooth transition from one track section to the other.
- e) Per **Figure 2**, after you properly align the track sections (see **Figure 3** on page 14), tighten the top set screws first before tightening the side set screws. Do not over-tighten set screws.
- f) Per **Figure 2**, bolt the track splice plates (E1) to the top of the track sections on both sides using locknuts (E3) and bolts (E2). Torque the locknuts (E3) to 51 foot-pounds.

Figure 2

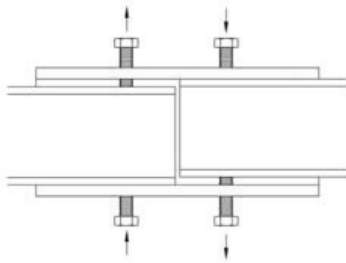


Item	Description
C	Track Sections
E	Track Splice Joint
E1	Track Splice Plate
E2	1/2-Inch Hex Head Bolt
E3	1/2-Inch Hex Locknut

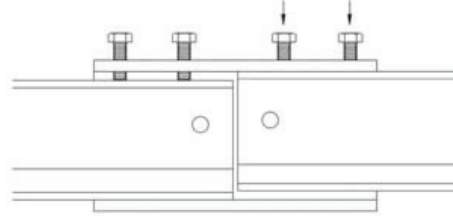
**g)** Per **Figure 3**, the track splice joint (E) must be properly aligned with the track sections.

**Figure 3**

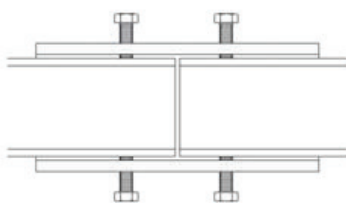
Top View of Incorrect Alignment



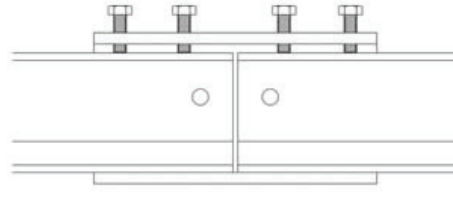
Side View of Incorrect Alignment



Top View of Correct Alignment



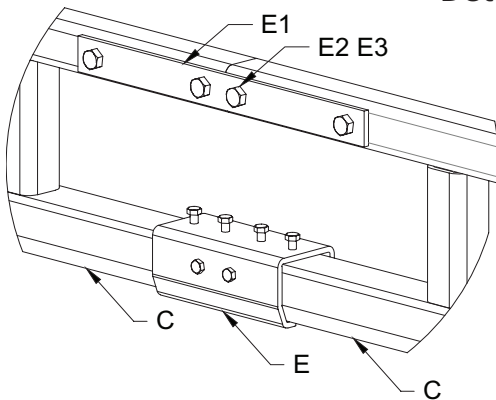
Side View of Correct Alignment



**h)** If you ordered a multiple track system, repeat steps **b)** through **g)** to attach the remaining track splice(s) to the track sections.

**i)** Refer to **Detail "E"** for an illustration of the properly attached track splice to the track sections.

**Detail "E" (Track Splice to Track Sections)**



Item	Description
C	Track Sections
E	Track Splice Joint
E1	Track Splice Plate
E2	1/2-Inch Hex Head Bolt
E3	1/2-Inch Hex Locknut

## 9. Attaching the Track to the Outrigger Arms

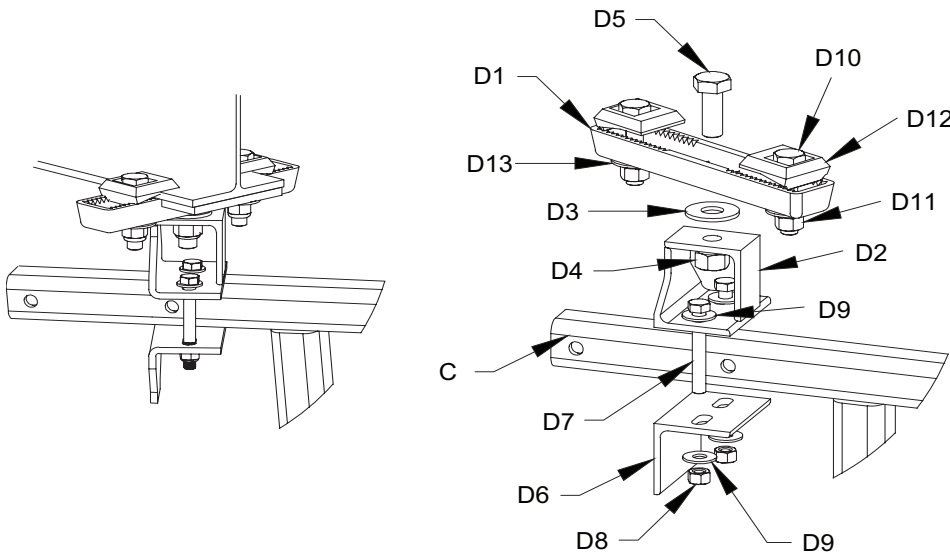
Refer to **Post Suspension Assembly Drawing for Steps A Through P**

**a)** Using a measuring tape and a permanent marker, measure and mark 18 inches in from each end of the track (C in *Building Materials Description*) for standard overhang. These locations are where the hanger kits (D in *Building Materials Description*) should be installed on the outrigger arms (B and B1 in *Building Materials Description*).

**NOTE:** 18-inch overhang is standard. Refer to your Final Fabrication Drawing for correct overhang lengths.

- b) Per **Detail "D,"** place a hanger bracket (D2) on the marked spot so that the single hole on the hanger bracket (D2) is facing up away from the track (C).
- c) Per **Detail "D,"** insert bolts (D7) through flat washers (D9) and the hanger bracket (D2) so that the flat washers (D9) are on top of the track (C) and the bolts (D7) hang down on both sides of the track (C).
- d) Per **Detail "D,"** **securely tighten** an angle clamp (D6) to the bolts (D7) using flat washers (D9) and locknuts (D8) so that the flat washers (D9) are underneath the angle clamp (D6). Ensure that the angle clamps (D6) form *inverted-L's*.
- e) Per **Detail "D,"** insert bolts (D10) through a beam clip (D12) and the two end holes in a body forging (D1) so that the beam clips (D12) rest on top of the body forging (D1). **Securely tighten** flat washers (D13) and locknuts (D11) to the bolts (D10) so that the flat washers (D13) are underneath the body forging (D1).
- f) Per **Detail "D,"** place a flat washer (D3) on top of the hanger bracket (D2) so that the hole in the flat washer (D3) aligns with the single hole on the hanger bracket (D2).
- g) Per **Detail "D,"** place the body forging (D1) with attached components (D10 through D13) on top of the hanger bracket (D2) so that the single hole on top of hanger bracket (D2) is aligned with the middle hole of the body forging (D1).
- h) Per **Detail "D,"** insert a bolt (D5) through the body forging (D1) and flat washer (D3) and **securely tighten** a locknut (D4) to the bolt (D5).

### Detail "D" (Track to Outrigger Arms)



Item	Description
C	Track
D1	Body Forging
D2	Hanger Bracket
D3	3/4-Inch Flat Washer
D4	3/4-Inch Hex Locknut
D5	3/4-Inch by 2-Inch Hex Head Bolt
D6	Angle Clamp
D7	1/2-Inch by 4-Inch Bolt
D8	1/2-Inch Hex Locknut
D9	1/2-Inch Flat Washer
D10	5/8-Inch by 3-1/2-Inch Bolt
D11	5/8-Inch Hex Locknut
D12	Beam Clip
D13	5/8-Inch Flat Washer

- i) Repeat steps **b)** through **h)** to attach another hanger kit (D in *Building Materials Description*) to the marked spot on the other end of the track (C in *Building Materials Description*).
- j) Using a crane and lifting straps, lift the track (C in *Building Materials Description*) to the end side outrigger arm (B in *Building Materials Description*).
- k) Use a man lift or cherry picker to reach the track (C in *Building Materials Description*) and end side outrigger arm (B in *Building Materials Description*).
- l) Per **Detail "D,"** position the track (C) and attached components (D1 through D13) so that the beam clips (D12) are on each side of the side outrigger arm (B).

**NOTE:** Track splice joints (E in *Building Materials Description*) must be within 48 inches of an outrigger arm (B and B1 in *Building Materials Description*).

- m) Per **Detail "D,"** place the beam clips (D12) so they are holding onto the bottom flange of the side outrigger arm (B). Adjust the beam clips (D12) as needed by tightening or loosening the locknuts (D11) until the beam clips (D12) sit properly on the bottom flange of the side outrigger arm (B). **Securely tighten** the beam clips (D12) to the bottom flange of the side outrigger arm (B).
- n) Repeat steps **j)** through **m)** to attach the track (C in *Building Materials Description*) to the other end side outrigger arm (B in *Building Materials Description*).
- o) Now that the track (C in *Building Materials Description*) is attached to both side outrigger arms (B in *Building Materials Description*), repeat steps **b)** through **h)** and **m)** to attach the track (C in *Building Materials Description*) to the remaining outrigger arms (B and B1 in *Building Materials Description*).
- p) After the track (C in *Building Materials Description*) has been **securely tightened** to all outrigger arms (B and B1 in *Building Materials Description*), ensure that all beam clips (D12 in *Building Materials Description*) are installed horizontally and level within plus or minus five degrees. Then torque all hanger kit 5/8-inch nuts (D11 in *Building Materials Description*) to 108 foot-pounds and all hanger kit 1/2-inch nuts (D8 in *Building Materials Description*) to 51 foot-pounds.



## 10. Final Assembly

### Refer to Post Suspension Assembly Drawing for Steps A Through G

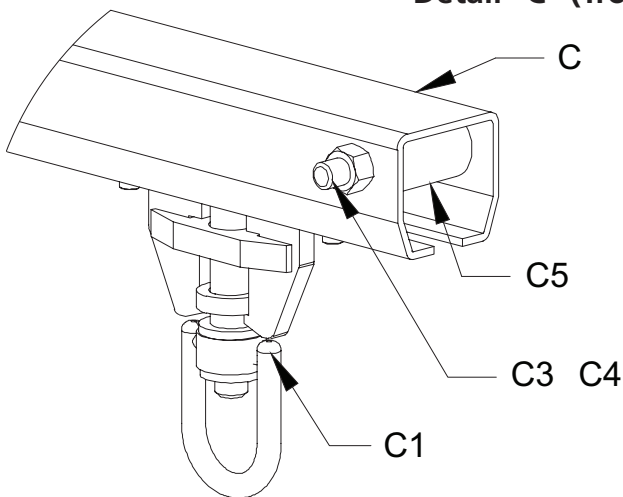
- a) Ensure that the track (C in *Building Materials Description*) is secured properly to the outrigger arms (B and B1 in *Building Materials Description*) and that the mast weldment (1 in *Building Materials Description*) is securely fastened to its foundation.
- b) Confirm that all of the system's nuts are torqued to the required specifications below prior to removing support rigging (your telescoping fork truck or crane) from any component.

Bolt Diameter	Hex Nut Torque	Minimum Hex Locknut Torque
1/2 Inch	78 Foot-Pounds	51 Foot-Pounds
5/8 Inch	154 Foot-Pounds	93 Foot-Pounds
3/4 Inch	257 Foot-Pounds	151 Foot-Pounds
7/8 Inch	341 Foot-Pounds	224 Foot-Pounds
1 Inch	514 Foot-Pounds	325 Foot-Pounds

**NOTE:** The hanger kit 5/8-inch nuts (D11) should be torqued to 108 foot-pounds and hanger kit 1/2-inch nuts should be torqued to 51 foot-pounds.

- c) Per **Detail "C,"** insert your Anchor Trolley™ (C1) into the track (C). For a multiple track system, install one Anchor Trolley per track.
- d) Per **Detail "C,"** install the track's end stops by inserting the bolts (C3) through the holes at both ends of the track (C) and through the rubber sleeves (C5).

**Detail "C" (Trolley[s] and End Stops to Track)**



Item	Description
C	Track
C1	Swiveling Connector Anchor Trolley
C3	End Stop Bolt
C4	1/2-Inch Hex Locknut
C5	End Stop Rubber Sleeve

**NOTE:** The 1/2-inch hex locknuts (C4) should be torqued until securely tightened against the track. Be careful not to damage the track in any way.

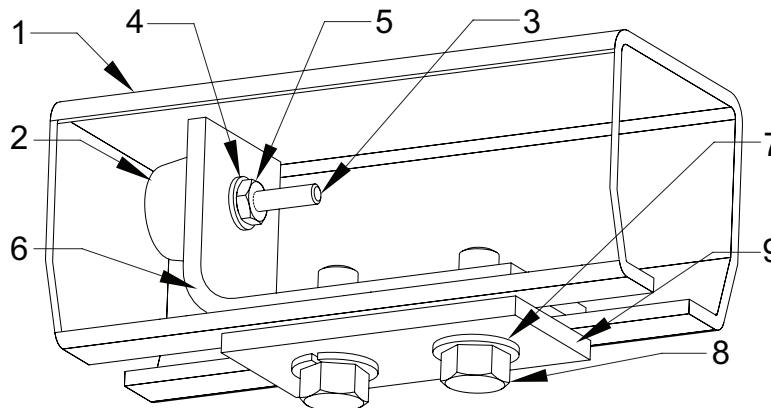
- e) Attach and torque the end stop locknuts (C4) until securely tightened against the track.
- f) For multiple track systems, repeat steps a) through e) to insert the remaining Anchor Trolleys (C1) into the remaining tracks (C).
- g) **This system must be used with an ANSI-rated self-retracting lanyard (SRL).** Connect your SRL and retrieval tagline in accordance with the manufacturer's specifications and your training.

# INTERMEDIATE BUMPER INSTALLATION (IF SUPPLIED)

**NOTE:** Follow the approval drawing, if provided, to prevent overloading of the track and system.

1. Using a man or scissor lift, remove an end stop from the end of the track if end stop is present.
2. Per **Figure 4**, slide the top plate (6) and attached components (2, 3, 4, and 5) into the track (1) and to the desired location in the track. Ensure that the rubber bumper (2) is facing the trolley.
3. Per **Figure 4**, insert two bolts (8) through two split lock washers (7).
4. Per **Figure 4**, align the holes in the bottom plate (9) with the holes in the top plate (6). Ensure that the bottom plate (9) is underneath the track (1).
5. Per **Figure 4**, securely tighten the bolts (8) and attached split lock washers (7) through the aligned holes in the bottom plate (9) and top plate (6) so that the bolt heads are underneath the bottom plate (9). Ensure that the split lock washers (7) are between the bolt head and the bottom of the bottom plate (9).
6. Using a torque wrench, torque 3/8-inch diameter bolts to 33 foot-pounds. Torque 1/2-inch diameter bolts to 78 foot-pounds. See the tables below.
7. Reinsert the end stop that was removed in step 1.

**Figure 4**



**NOTE:**  
Intermediate bumpers should not be used as end stops.

## 500 Series Track (P/N: 1500IB)

Item	Description
1	Track
2	Rubber Bumper
3	10-32 NC by 1-1/4-Inch Machine Screw
4	#10 Lock Washer
5	10-32 NC Nut
6	Top Plate
7	3/8-Inch Split Lock Washer
8	3/8-Inch by 1-Inch Hex Head Bolt
9	Bottom Plate

**NOTE:** For part number 1500IB, item 8 requires a 9/16-inch wrench or socket.

## 600, 700, and 900 Series Track (P/N: 1700IB)

Item	Description
1	Track
2	Rubber Bumper
3	10-32 NC by 1-1/4-Inch Machine Screw
4	#10 Lock Washer
5	10-32 NC Nut
6	Top Plate
7	1/2-Inch Split Lock Washer
8	1/2-Inch by 1-1/2-Inch Hex Head Bolt
9	Bottom Plate

**NOTE:** For part number 1700IB, item 8 requires a 3/4-inch wrench or socket.

# MAINTENANCE

1. Visually inspect the system before each use and fully inspect the system after a fall event and annually. Refer to the INSPECTION CHECKLISTS in the next section of this manual for checklists for *Post Suspension Anchor Track™ System* and *Annual Anchor Track™ System*.
2. **If the system fails ANY inspection point on any of the inspection checklists, immediately remove the system from service and call Rigid Lifelines® at 800-869-2080 for instructions.**
3. During the first month after a new installation, a weekly inspection of the system should be performed using the *Annual Anchor Track™ System Inspection Checklist*. It is important to note that every system application and use will be different, meaning some conditions of use will require more frequent inspection. Examples of such conditions include two or three shift operations or working with or near corrosive chemicals or elements.
4. Refer to the Anchor Trolley™ User Instruction Manual (Manual 103-0054), which comes packaged with the Anchor Trolley, for its trolley inspection checklists.
5. Download and print additional blank inspection checklists from the literature tab at [RigidLifelines.com](http://RigidLifelines.com).



## WARNING

**This system must be used with an ANSI-rated self-retracting lanyard (SRL).**

**If the system is used outdoors, it is highly recommended that a steel cable SRL with heavy-duty housing be used for improved durability against UV radiation and moisture.**

A web strap ANSI-rated SRL may be acceptable for use as long as a Competent Person has evaluated the situation and determined that there are no factors present that can have an immediate negative impact on the integrity of the SRL's webbing material AND that the Competent Person inspects the condition of the SRL's webbing and housing prior to each use.



## WARNING

**Completely retracting the SRL after each use (e.g., using a retrieval tagline) is essential: otherwise, the SRL's internal spring remains under tension, and it quickly loses its ability to properly arrest a freefall.**

**Retrieval taglines must never be used as an anchorage; doing so could result in serious injury or death.**

# LABELING

The letters correspond to the letters on the Post Suspension Label Placement Drawing. All labeling must be legible and attached to the system. For replacement labels, contact Rigid Lifelines®.

## RIGID LIFELINES LABEL PLACEMENT DISCLAIMER

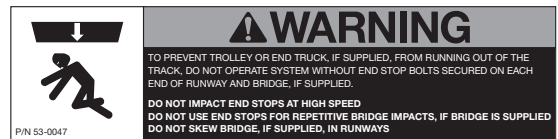
If system is shipped unpainted or without properly secured labels, proper label placement is the sole responsibility of the end user. Follow the Label Placement Drawing shipped with this user manual to place labels correctly. Rigid Lifelines cannot be held liable for any damage or injury resulting from omitted or improper label placement.

**"A"**



P/N 53-0206

**"B"**



P/N 53-0047

**"C"**



P/N 53-0359

**"D"**



P/N 53-0023

### Notes on Label Placement Drawing

- Label **53-0206 "A"** should be centered on both sides of the center outrigger arm.
- Label **53-0047 "B"** should be placed on both ends of the lower section of trussed track on both sides of each track section.
- Label **53-0359 "C"** should be centered on the lower section of trussed track on both sides of each track section and is **P/N 53-0535** for one person systems, **53-0536** for two person systems, and **53-0359** for **three** to **eight** person systems, along with **53-0413** through **53-0418** respectively. Labels **P/N 53-0413** through **53-0418** are the capacity numbers three through eight for the Anchor Track Label and should be placed to the right of the line following "Rigid Lifelines."
- Label **53-0023 "D"** should be placed to the left of label **"C"** on the lower section of trussed track on both sides.

# POST SUSPENSION ANCHOR TRACK™ SYSTEM INSPECTION CHECKLIST

## Before Each Use

Inspector Name: \_\_\_\_\_

Date: \_\_\_\_\_

System Number: \_\_\_\_\_

Model: \_\_\_\_\_



INSPECTION POINTS	Inspection Result (✓)	
	PASS	FAIL
1. Test the swiveling connector(s) on each trolley to verify that each trolley rotates and swivels freely.		
2. Verify that the trolley(s) can easily and smoothly roll the full length of the runway track(s).		
3. Check all system welds for cracks.		
4. Check system components for corrosion.		
5. Check system components for bent or damaged areas.		
6. Check support structure for stability.		
7. Visually check all bolted assemblies for proper connections and properly secured bolts and nuts.		

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# AFTER A FALL EVENT AND ANNUAL ANCHOR TRACK™ SYSTEM INSPECTION CHECKLIST

Inspector Name: \_\_\_\_\_

Date: \_\_\_\_\_

System Number: \_\_\_\_\_

Model: \_\_\_\_\_



INSPECTION POINTS	Inspection Result (✓)	
	PASS	FAIL
1. Check that the beam clamps are installed horizontal within + / - five degrees.		
2. Check that end stop bolts are present and have locknuts installed.		
3. Using a torque wrench, check that all bolts are present and torqued to values shown on Assembly Drawing.		
4. Check that splices, if supplied, are centered on track joints.		
5. Verify that capacity labels are present, attached, and legible. See Label Placement Drawing.		
6. Verify that the number of trolleys matches the value on the capacity label.		
7. Verify that the fall arrest system is not being used for material handling.		
8. Check the track for levelness within + / - 1/4 inches per 20 feet of track.		
9. Check the track flanges. Track flanges cannot be bent downward more than five degrees.		
10. Check the track thickness. Track thickness cannot be worn more than 10 percent.		
11. Check all system welds for cracks.		
12. Check system components for corrosion and bent or damaged areas.		
13. Check that all wheel studs, if supplied, are torqued to value shown on Assembly Drawing. Note that these 1/2-inch wheel studs have a different torque value than the system's other 1/2-inch bolts.		
14. Verify trolley can traverse entire length of track without snags.		
15. Check trolley for visibly bent swiveling connector, broken welds, or excessive wear or corrosion.		
16. Test the operation of the trolley's swiveling connector and verify that it can rotate freely.		
17. Test the operation of the trolley and verify the wheels rotate freely.		
18. Check system components for loose components.		
19. Check system components for loose or missing fasteners.		
20. Check system support structure for stability.		
21. Verify that hanger assemblies are installed properly and fasteners are torqued to proper values.		
22. Check that the support arms pivot bolts, if supplied, are properly installed and tightened.		
23. Check system for unauthorized modifications. Only Rigid Lifelines can authorize modifications. Remove system from service if it is modified in any way.		

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# PRODUCT WARRANTY COVERAGE

Rigid Lifelines® warrants its products to be free from defects in material and workmanship, as follows:

- **Ten Years:** Engineered Track Equipment, Wearable End Truck Wheels, and Anchor Trolley™ Wheels and Teeth
- **Two Years:** Paint and Finishes
- **One Year:** Motorized Products and Drive Components, Soft Goods, Devices, Connectors, and Accessories

## Ten-Year Warranty Coverage:

- Defects in equipment material and workmanship of manual track systems and equipment
- Wearable parts (End truck wheels and Anchor Trolley wheels and teeth)

Rigid Lifelines warrants its manual Anchor Track™ systems and equipment to be free from defects in material and workmanship for a period of ten (10) years or 20,000 hours, commencing on the date of shipment to the first retail purchaser. This warranty extends to non-wearable parts only, with the exception of the wheels supplied on end trucks and Anchor Trolley wheels and teeth.

## Two-Year Warranty Coverage:

- Paint coatings and finishes

Rigid Lifelines warrants its paint and finishes for a period of two (2) years. Warranty claims related to coatings must be accompanied by documentation of the product's application and environmental conditions from time of delivery to time of claim.

## One-Year Warranty Coverage:

- Defects in equipment and workmanship of motorized systems and equipment
- Defects in soft goods, devices, connectors, and accessories

Rigid Lifelines warrants motorized equipment to be free from defects in material and workmanship for a period of one (1) year or 2,000 hours, commencing on the date of shipment to the first retail purchaser. Rigid Lifelines also warrants fall protection soft goods, devices, connectors, and accessories to be free from defects in material and workmanship for a period of one (1) year, commencing on the date of shipment to the first retail purchaser.

## Warranty Terms and Conditions:

Rigid Lifelines' obligation under this warranty is limited to the replacement or repair of Rigid Lifelines products at the factory or separate approved location. Other than the above mentioned warranty, Rigid Lifelines will not honor any other warranties—whether expressed, implied, or statutory—and disclaims any warranties of merchantability or fitness for a particular purpose. Rigid Lifelines has the right to reject any warranty claim due to harsh and/or inappropriate environmental conditions.

## **Rigid Lifelines® is Not Liable for:**

- Indirect, incidental, or consequential damages (lost profits, operating costs, production loss, or travel expenses)
- Components or accessories not manufactured by Rigid Lifelines (with the exception of soft goods components and accessories sold and warranted by Rigid Lifelines. For such components and accessories, the warranty shall be determined by the terms and conditions of any warranty provided by the manufacturer of such components and accessories.)
- Defective equipment or system failure due to misuse, negligence, improper installation, or maintenance
- Equipment that has been used in excess of its rated capacity or beyond its service factors
- Equipment that has been altered without Rigid Lifelines written authorization
- Damage incurred by freight carriers
- Loss, injury, or damage to person or property resulting from failure of defective material or equipment operation
- This warranty is void for any product that is designed to deform or absorb energy during a fall event and needs to be replaced after a fall event has occurred

## **Reimbursement Disclaimer:**

- Written notice of any claimed defect must be given to Rigid Lifelines within ninety (90) days of shipment
- All requests for reimbursement must be accompanied by proper documentation
- Reimbursement is provided in the form of a credit unless otherwise approved by Rigid Lifelines management
- Reimbursement for labor will be provided at a maximum rate of \$75 per hour
- All reimbursement is subject to approval by Rigid Lifelines management

## **Service Policy**

1. Obtain as much information as possible concerning the problem through personal observation by yourself or other authorized personnel familiar with the job and equipment: include model, serial and/or part numbers, voltages, speeds, and any other special identifying features. Be prepared to discuss the situation in detail.
2. All authorized labor charges will be based on straight time. Hourly rates, estimated man hours, and not to exceed total dollar amount required for corrections are to be agreed upon before authorization is given. There will be no allowances for overtime except in dire emergencies and then only with prior approval.
3. A verbal agreement may be reached immediately on both the method of correction and the approximate cost. A warranty authorization number will be assigned for the specific incident. A confirming written authorization will be forwarded to the distributor.
4. The distributor must send an itemized invoice, showing our release number or invoice number and warranty authorization number after authorized corrections have been made. A credit memo will be issued by accounting after the invoice has been received and approved. Warranty charges ARE NOT to be deducted from outstanding open account invoices under any circumstances.
5. Any field corrections made prior to an authorization by Rigid Lifelines will not be accepted as a warranty charge or the responsibility of Rigid Lifelines. Any modification to the equipment made without prior approval of the seller will void all warranties. A verbal authorization for modification may be obtained, in which event a warranty authorization number will be assigned for the specific modification. A confirming written authorization will be forwarded to the distributor.

# ABOUT RIGID LIFELINES®

## OUR MISSION:

Rigid Lifelines is driven by passion for providing our customers with quality, user-friendly solutions to keep workers safer and more productive at elevation.

## OUR COMMITMENT

Rigid Lifelines professionals are dedicated to designing and manufacturing a variety of fall protection systems that meet or exceed OSHA requirements and ANSI Z359 code. Our team of engineers and safety professionals combine over 30 years of experience in the fall protection industry to manufacture fall protection systems that utilize the most advanced technology and designs.

Rigid Lifelines production facilities are certified under the ISO 9001:2008 Quality Management System to provide superior quality products. And every welder at Rigid Lifelines is certified to handle steel (D1.1) and aluminum (D1.2) in accordance with the rigorous requirements and lab testing established by the American Welders Society (AWS).

Rigid Lifelines engineers are involved with ANSI Z359 Technical Review Committee and the ANSI Z359.19 Rigid Horizontal Rail Standard. We also participate with the Safety & Health Technology Committee of the Association of Iron & Steel Technology. Our involvement allows us to keep a constant pulse on the trends in both industry practice and government regulation.

## OUR PRODUCTION:

All of our systems are designed and manufactured in the United States of America. We have production facilities in Las Vegas, Nevada, and at our headquarters in Morgantown, Pennsylvania.



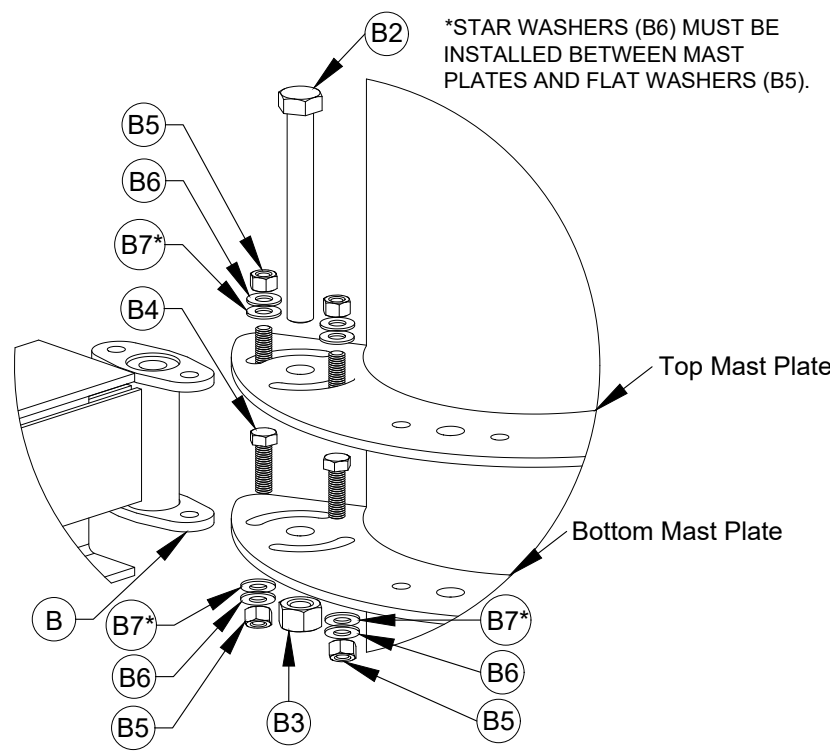
Morgantown, PA | Las Vegas, NV  
Toll Free: (800) 869-2080 | Local: (610) 286-7200 | Fax: (610) 286-0085  
[RigidLifelines.com](http://RigidLifelines.com) | [info@RigidLifelines.com](mailto:info@RigidLifelines.com)



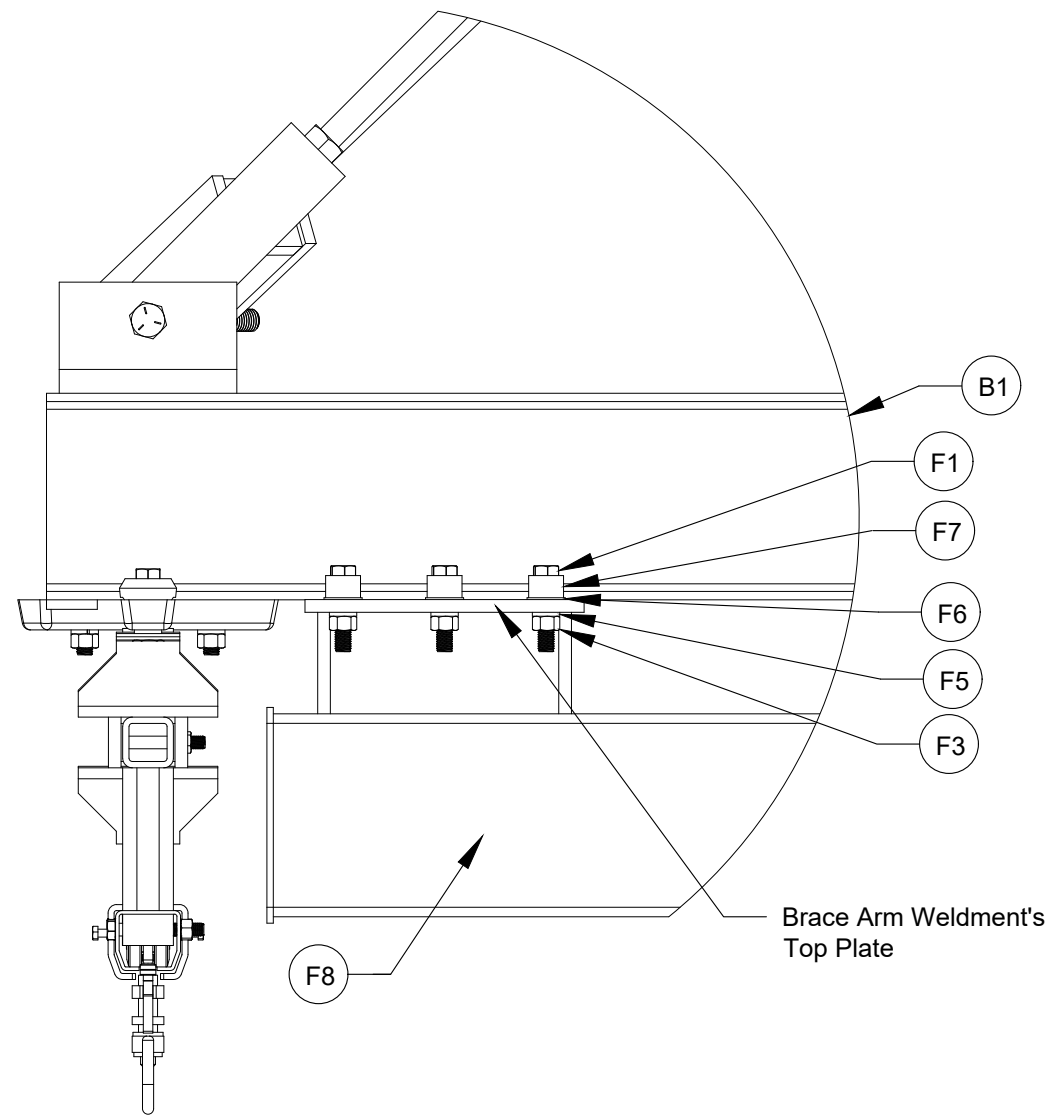
THE INFORMATION CONTAINED IN THIS DRAWING IS THE SOLE PROPERTY OF RIGID LIFELINES. ANY REPRODUCTION IN PART OR WHOLE WITHOUT THE WRITTEN PERMISSION OF RIGID LIFELINES IS PROHIBITED.

**WARNING:**  
Fasteners must be installed with star washers in the correct position and nuts torqued to the specified ratings to resist slippage due to wind buffeting.

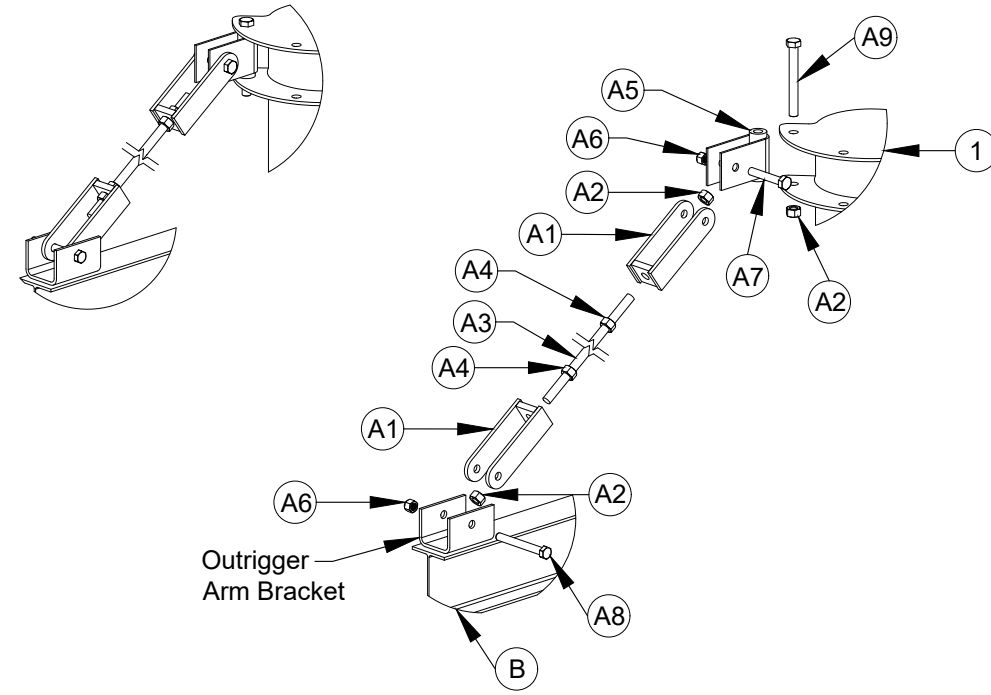
**Detail "B"**  
**(Outrigger Arms to Mast)**



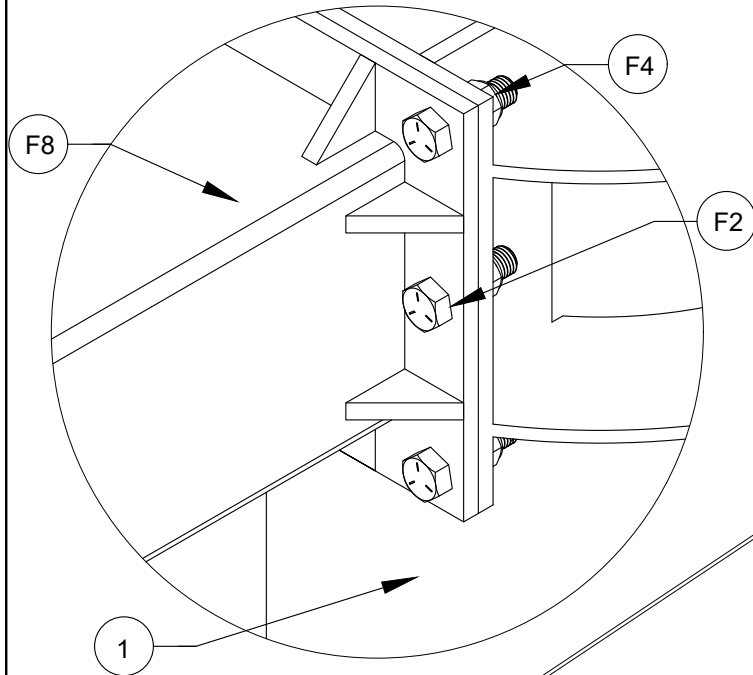
**Detail "G"**  
**(Brace Arm Assembly to Center Outrigger Arm)**



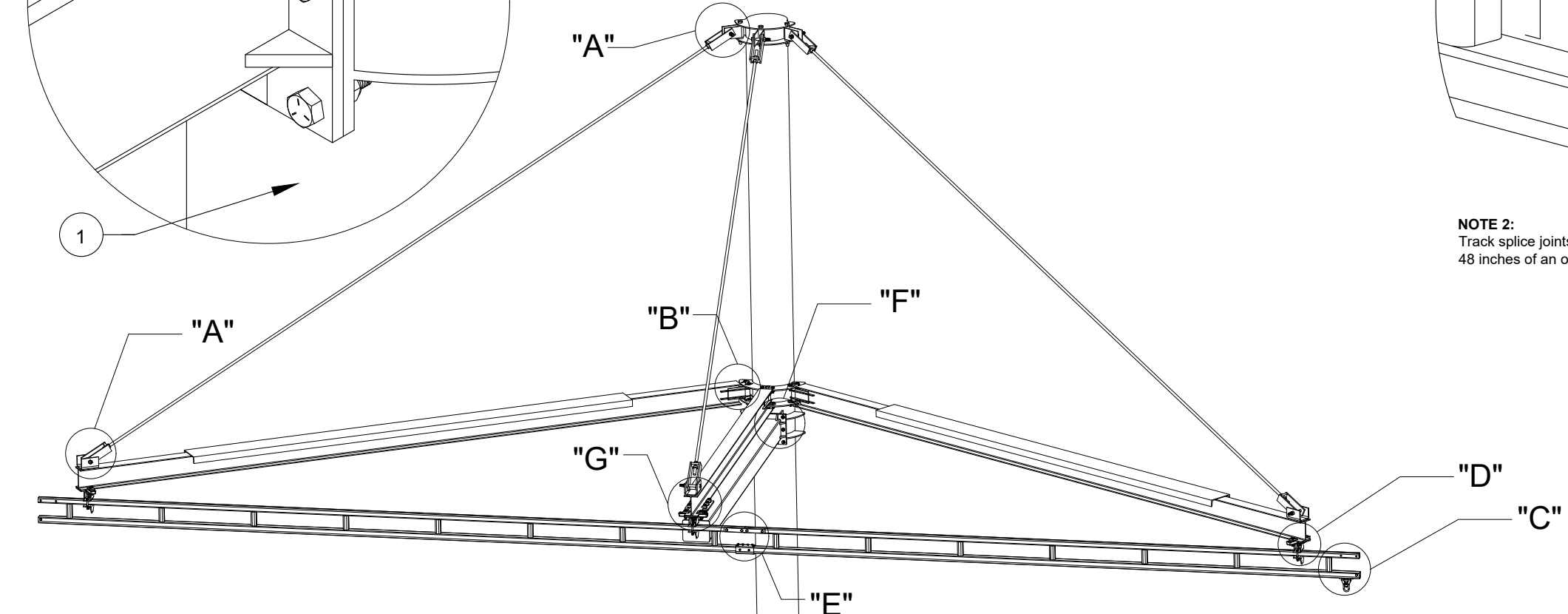
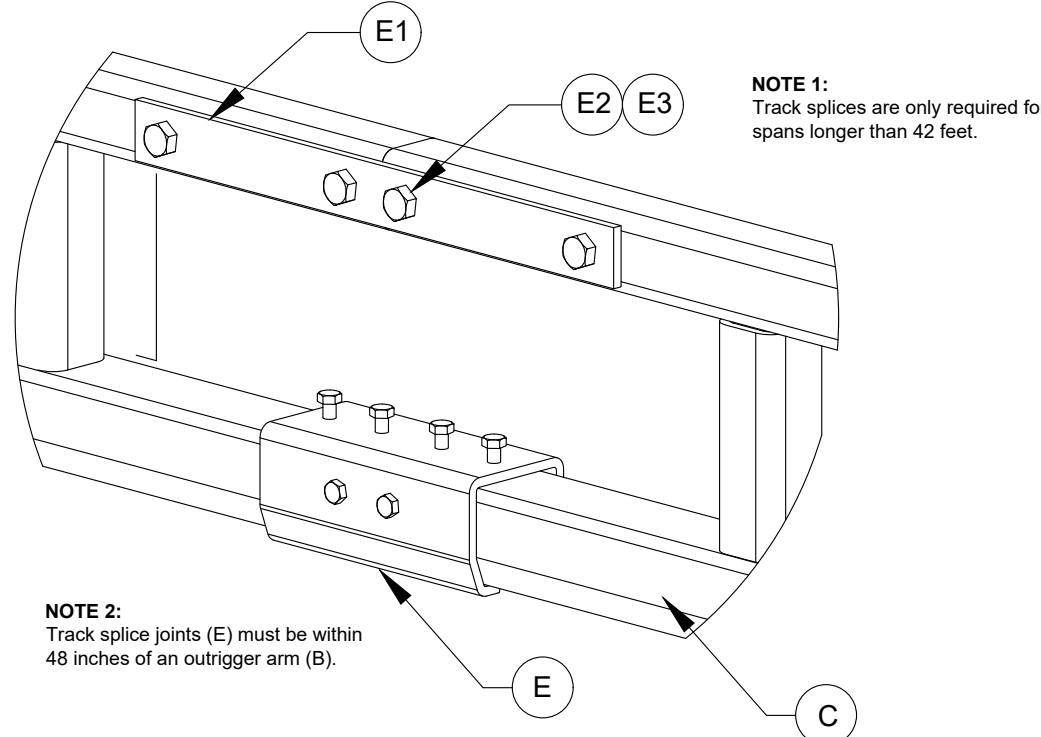
**Detail "A"**  
**(Tie Rods to Mast and Outrigger Arms)**



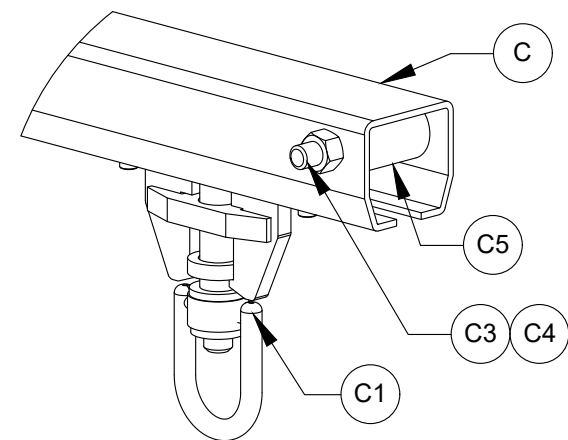
**Detail "F"**  
**(Brace Arm Assembly to Mast)**



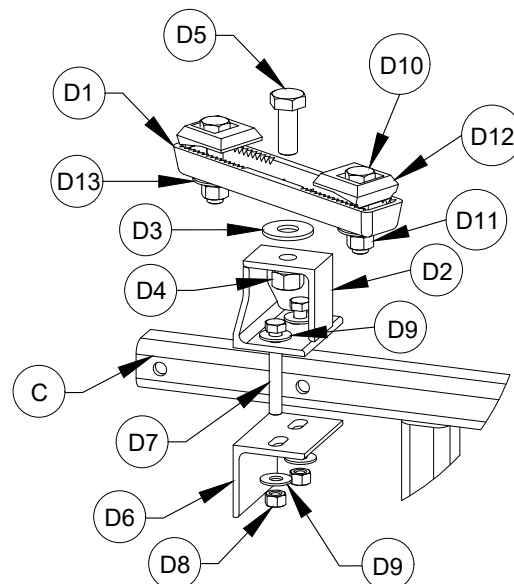
**Detail "E"**  
**(Track Splice to Track Sections)**



**Detail "C"**  
**(Trolley[s] and End Stops to Track)**



**Detail "D"**  
**(Track to Outrigger Arms)**



**NOTE 3:**  
End stop bolts (C3), end stop locknuts (C4), and end stop rubber sleeves (C5) come in packs labeled "FA-X00ES" (C2).

**NOTE 4:**  
Quantities shown are for a system containing one mast (1), three outrigger arms (B), two single track runways (C), and one track splice joint (E).

**Component Assembly Schedule**

1. Bolt Tie Rods to Mast Weldment and Outrigger Arms (Detail "A")
2. Bolt Mast Weldment to Foundation
3. Bolt Outrigger Arms to Mast Weldment (Detail "B")
4. Bolt Brace Arm Assembly to Mast Weldment (Detail "F")
5. Bolt Brace Arm Assembly to Center Outrigger Arm (Detail "G")
6. If Provided, Bolt Track Splice to Track Sections (Detail "E")
7. Bolt Track to Outrigger Arms (Detail "D")
8. Install Trolley(s) and End Stops to Track (Detail "C")

**Torque Specifications**

Bolt Diameter	Hex Nut Torque	Minimum Hex Locknut Torque
1/2 Inch	78 Foot-Pounds	51 Foot-Pounds
5/8 Inch	154 Foot-Pounds	93 Foot-Pounds
3/4 Inch	257 Foot-Pounds	151 Foot-Pounds
7/8 Inch	341 Foot-Pounds	224 Foot-Pounds
1 Inch	514 Foot-Pounds	325 Foot-Pounds

\*The 5/8-inch beam clip nuts (A6 and D4) should be torqued to 108 foot-pounds.

Item	Quantity	Part Number	Building Materials Description
1	1	8-0114-16-XX.XX	FA, SA, Mast Weldment
-A-	3	FAPB-SD-TR-XX.XX	FA, Stand Alone Tie-Rod Kit
A1	6	06-0530	Tie-Rod Clevis (1/2-1 Ton)
A2	9	13-0030	1"-8 NC Hex Locknut
A3	3	06-XX.XX	Tie Rod, 1" Diameter X XX'-XX"
A4	6	11-0080	Nut, Hex 1"-8 NC
A5	3	8-0112	FA, SA, Tie-Rod Upper Pivot Weldment
A6	6	13-0020	Nut, Hex Lock 7/8"-9 PLATD GR 2 (1" H)
A7	3	6-3132	Bolt Hex Head 7/8" X 9 NC X 5 1/4" Modified
A8	3	10-0509	Bolt Hex Head 7/8" X 9 NC X 7 1/2"
A9	3	10-0613	Bolt, 1"-8 NC X 8 1/2" GR 5 Plain
-B-	2	FAPB-SD-OTR-W8-XX.XX-C	FA, Side Outrigger Arm
B1	1	FAPB-SD-OTR-W8-XX.XX	FA, Center Outrigger Arm
B2	3	10-0613	Bolt, 1"-8 NC X 8 1/2" GR 5 Plain
B3	3	13-0030	1"-8 NC Hex Locknut
B4	12	10-0301	5/8" 11 UNC X 2" Hex Head Bolt
B5	12	13-0001	Hex Locknut, 5/8"-11 NC (3/4" H)
B6	12	15-0004	5/8" Flat Washer Plated
B7	12	14-0020-SS	5/8" Star Washer, Stainless Steel
-C-	2	Runway	Fall Arrest Track
C1	1	FA-XXX-AT	FA, Swiveling Connector Anchor Trolley
C2	2	FA-X00ES	Fall Arrest End Stop Kit
C3	2	10-02XX	End Stop Bolt
C4	2	13-0003	Nut, Hex Lock 1/2"-13
C5	2	RR1.25-X	End Stop Rubber Sleeve
-D-	3	FAPB-K-HANGER	FA, Hanger Kit
D1	3	C-480-2	Body Forging, C-480
D2	3	HTB23-3/4	2"-3" T. T., Hanger Bracket, 13/16" Hole
D3	3	15-0005	Flat Washer, 3/4"
D4	3	13-0010	Nut, Hex Lock 3/4"-10 PLTD (7/8" H)
D5	3	10-0401	3/4"-10 UNC X 2" Hex Head Bolt
D6	3	FAHTB23-1P	Clamp Angle, 2"-3" T. T. Painted
D7	6	10-0217	Bolt, 1/2"-13 NC X 4" GR 5
D8	6	13-0003	Nut, Hex Lock 1/2" X13 NC
D9	12	15-0003	Flat Washer 1/2" Plated
D10	6	10-0304	Bolt, 5/8"-11 NC X 3 1/2" GR 5
D11	6	13-0001	Hex Locknut, 5/8"-11 NC (3/4" H)
D12	6	C-480-1	Beam Clip Forging, C-480
D13	6	15-0004	5/8" Flat Washer Plated
-E-	1	FA-1X03	Fall Arrest Track Splice, X00 with Bolts
E1	2	SP-1	Plate Only, Splice (Used in "SP" Kits)
E2	4	10-021X	Bolt, 1/2"-13 NC GR 5
E3	4	13-0003	Nut, Hex Lock 1/2"-13, GR 2
-F-	1	8-0638-XX.XX	FA, PB, Brace Arm Assembly, X'-X"
F1	6	10-0303	Bolt, 5/8"-11 NC X 3" GR 5
F2	6	10-0402	Bolt, 3/4"-10 NC X 2-1/2" GR 5
F3	6	11-0040	Nut, Hex Lock 5/8"-11 PLTD GR 5 (9/16" H)
F4	6	13-0010	Nut, Hex Lock 3/4"-10 PLTD (7/8" H)
F5	6	14-0004	Washer, Lock Split 5/8" Zinc Plated
F6	6	18-0007	Washer, 5/8" Clipped (1/8" TH)
F7	6	18-0021F	Beam Clip Forged, 5/8" W/SH. Tail (1/4" TH)
F8	1	8-0637-XX.XX	FA, Stand Alone, Brace Arm Weldment

**NOTE 5:**  
A system with a short runway may only have two outrigger arms.

**NOTE 6:**  
If system has twin bays (tracks on both sides of mast), the assembly instructions are the same except for the brace arm assembly (F), which is for the Single Post Suspension system only. Component quantities are just doubled. Also, caps come welded to the side outrigger arms (B) for the Single Post Suspension system only.

**Sheet 1 of 2**

REV.	DATE	NAME	REVISION DESCRIPTION
CAD GENERATED DRAWING. DO NOT MANUALLY UPDATE. DO NOT SCALE DRAWING.			
APPROVALS		DATE	
DRAWN: DAP		07/11/13	
CHECKED: TJB		07/11/13	
APPVD: JRG		08/24/17	
PLOT DATE:	WT.	SIZE (DWG. NO.)	REV.
PROJECT NO.:	SCALE:	C FASA-ASSEMBLY	-
INSTRUCTIONS	NTS	FASA-ASSEMBLY	SHEET 1 OF 2

THE INFORMATION CONTAINED IN THIS DRAWING IS THE SOLE PROPERTY OF RIGID LIFELINES. ANY REPRODUCTION IN PART OR WHOLE WITHOUT THE WRITTEN PERMISSION OF RIGID LIFELINES IS PROHIBITED.

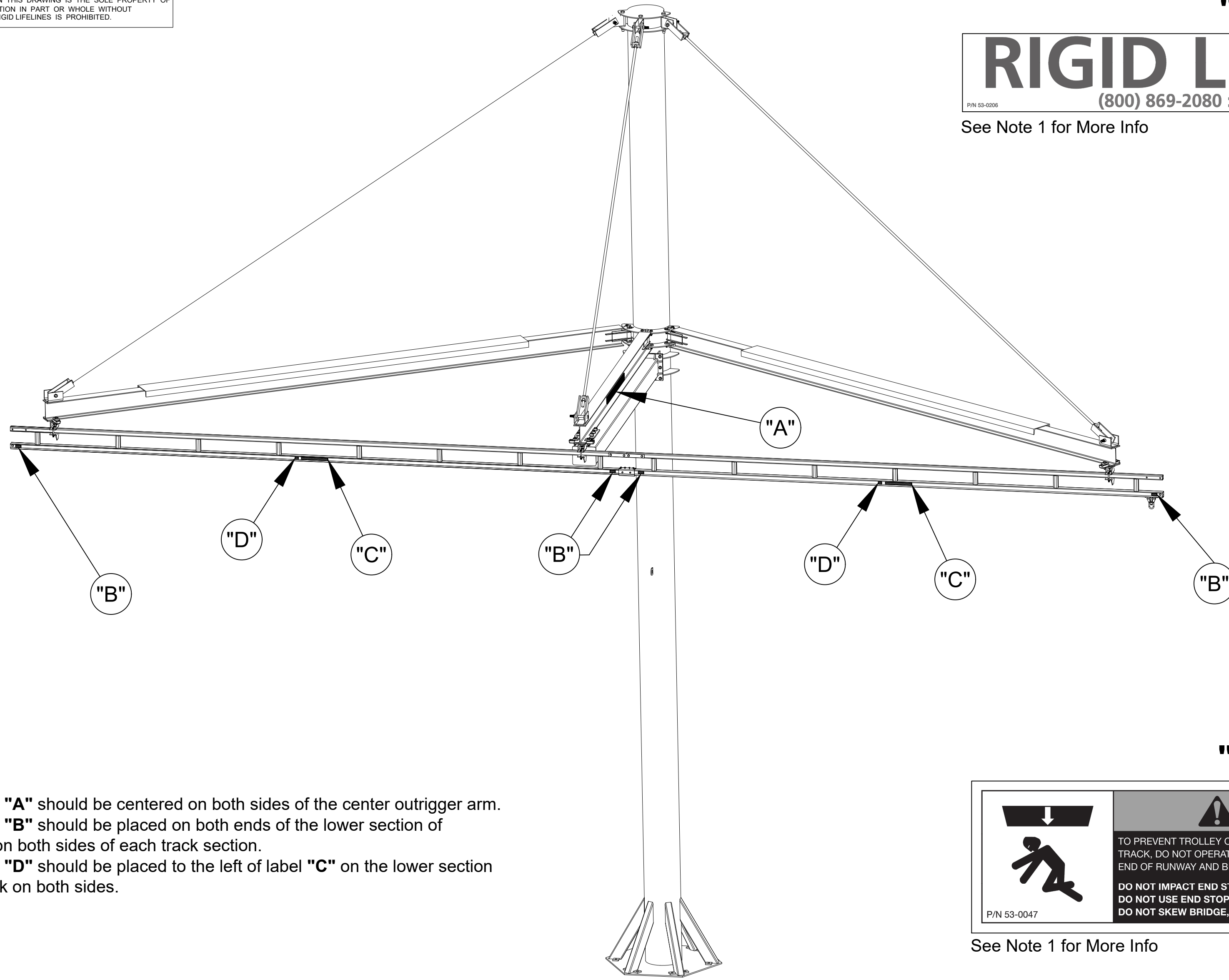
# "A"

# RIGID LIFELINES

(800) 869-2080 :: RigidLifelines.com

See Note 1 for More Info

53-0206



**NOTE 1:**  
 Label 53-0206 "A" should be centered on both sides of the center outrigger arm.  
 Label 53-0047 "B" should be placed on both ends of the lower section of trussed track on both sides of each track section.  
 Label 53-0023 "D" should be placed to the left of label "C" on the lower section of trussed track on both sides.

## "B"

### WARNING

TO PREVENT TROLLEY OR END TRUCK, IF SUPPLIED, FROM RUNNING OUT OF THE TRACK, DO NOT OPERATE SYSTEM WITHOUT END STOP BOLTS SECURED ON EACH END OF RUNWAY AND BRIDGE, IF SUPPLIED.

DO NOT IMPACT END STOPS AT HIGH SPEED  
DO NOT USE END STOPS FOR REPETITIVE BRIDGE IMPACTS, IF BRIDGE IS SUPPLIED  
DO NOT SKEW BRIDGE, IF SUPPLIED, IN RUNWAYS

P/N 53-0047

See Note 1 for More Info

53-0047

## "D"

## "C"

## MADE IN

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★★★★★★

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## THE USA

P/N 53-0023

See Note 1 for More Info    53-0023

### RIGID LIFELINES

See Note 2 for More Info

PEOPLE & EQUIPMENT

### 900 LB. MAAF EA. PER TRACK

(800) 869-2080  
RigidLifelines.com

53-0359

**NOTE 2:**  
 Label "C" should be centered on the lower section of trussed track on both sides of each track section and is **P/N 53-0535** for one person systems, **53-0536** for two person systems, and **53-0359** for **three to eight** person systems, along with **53-0413** through **53-0418** respectively. Labels **P/N 53-0413** through **53-0418** are the capacity numbers three through eight for the Anchor Track label and should be placed to the right of the line following "Rigid Lifelines."

**Sheet 2 of 2**

REV.	DATE	NAME	REVISION DESCRIPTION
CAD GENERATED DRAWING. DO NOT MANUALLY UPDATE. DO NOT SCALE DRAWING.			
APPROVALS		DATE	<p style="margin: 5px 0;"><b>FALL ARREST</b> POST SUSPENSION LABEL PLACEMENT DRAWING</p>
DRAWN:	DAP	07/11/13	
CHECKED:	TJB	07/11/13	
APPVD:	JRG	08/24/17	
PLOT DATE:	WT.		
PROJECT NO.:	SCALE:	SIZE DWG. NO.	REV.
INSTRUCTIONS	NTS	C FASA-ASSEMBLY	-
			FASA-ASSEMBLY SHEET 2 OF 2